



# LINKS\* PAGE

January-March 2007



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\*Learning, Information, Networking Kids Services A program of Jefferson Comprehensive Care System, Inc.

Welcome to THE LINKS\* PAGE, a quarterly publication of JCCSI ChildCare LINKS\*.

JCCSI ChildCare LINKS is a community ChildCare and Resource Referral agency providing services in Jefferson and Grant Counties. The program assists parents in locating childcare through a database of licensed and registered childcare providers with vacancies meeting parents' needs—Free of Charge. LINKS (Learning, Information, Networking Kids Services) is a network of services dedicated to enhancing the quality and availability of childcare; advocating for children; and providing information, education, guidance and support to parents, providers, employers and the community. The Center is funded in part by a grant from DHHS Division of Child Care and Early Childhood Education and opened in July 2005.

The mission of JCCSI ChildCare LINKS\* is to construct and coordinate and coordinate a network of childcare services that meet the needs of the community and to provide information and support about these services to families, employers and local childcare providers in order to foster the quality of family life and to promote the successful childhood education and development of the children.

### Services provided:

- Profiles of all regulated childcare facilities in Jefferson and Grant Counties
- Childcare referrals to parents and families
- Technical assistance to new and existing childcare facilities
- A clearinghouse for childcare information and services
- Childcare providers trainings
- A Parents as Teachers Program
- Monthly Parent Group Meetings
- Developmental Screenings
- Newsletters for parents
- Newsletters for providers
- Bi-weekly Play and Learn (PAL) days
- Emergency diapers, formula, baby food
- Education, guidance, and support to parents
- Parenting classes and information
- A lending library for children, parents and providers
- A Resource Center for parents and providers

### TRAININGS

Arkansas Early Childhood Education **Frameworks** Training Schedule for 2007:

**Introduction (15 hours)** - **Jan. 8** – 5:30 – 8:30 **Jan. 9** – 5:30 – 8:30 **Jan. 13** – 9:00 – 3:00  
**Jan. 16** – 5:30 – 8:30

**Curriculum Planning (15 hours) & Activities** - **Jan. 29** – 5:30 – 8:30 **Jan. 30** – 5:30 – 8:30  
**Feb. 3** – 9:00 – 3:00 **Feb. 5** – 5:30 – 8:30

**Observation & Assessment (15 hours)** **Feb. 12** – 5:30 – 8:30 **Feb. 13** – 5:30 – 8:30  
**Feb. 20** – 5:30 – 8:30 **Feb. 24** – 9:00 – 3:00

**Child Care Orientation Training (CCOT) (10 hours)**  
**April 9**—5:30-8:30 **April 10**—5:30-8:30 **April 14**—9:00–1:00

**Family Child Care Provider (6 hours)** - **April 21<sup>st</sup>** – 9:00 a.m. – 4:00 p.m.

**Caregiver Certificate – Child Development: Three to Five (15 hours)**  
**Mar. 5**—5:30 - 8:30 **Mar. 6**—5:00-8:30 **Mar. 10**—9:00 a.m.-3:00 **Mar. 12**—5:30-8:30

Providers can also receive certificates for one and one-half (1½) training hours through attendance at monthly parenting meetings.

#### Monthly Parenting Meeting Dates:

- **Jan. 22, 2007** – Taking Care of the Caregiver - Time: 6:00 p.m.
- **Feb. 26, 2007** – Power Play II – Math and Science - Time: 6:00 p.m.
- **Mar. 26, 2007** – Child Health and Wellness - Time: 6:00 p.m.

All classes will be held at ChildCare LINKS, 1203 West Pullen Street  
Elaine Davis – Instructor

Centers will be contacted soon to update our database of information on their facility.

## Behavior

### What is appropriate discipline for a young child?



Discipline means "to teach." When you discipline a child, you are teaching him how he needs to behave in a particular situation.

Effective discipline teaches a child right from wrong and helps him to develop self control.

#### Discipline Guidelines

When thinking about discipline and punishment, always take a child's age into account:

- For infants under six months, don't discipline. Discipline is inappropriate for a child at this age. Instead, give the child the attention she needs to create a strong bond between you.
- For infants six months to walking age, give them the space they need. At this age a child still doesn't understand discipline. Focus on safety and exploration.
- For toddlers age one to two, redirect activity. Although a child is beginning to understand discipline, safety is a high priority.

#### Dos and Don'ts of Discipline

Discipline is a huge challenge for anyone working with young children. Although many strategies exist for encouraging appropriate behavior, here are some generally agreed upon principles to adhere to.

##### Do...

1. Be a good role model.
2. Set clear expectations and explain them to the child.
3. Be consistent.
4. Provide natural consequences for bad behavior; consequences should reinforce the behavior you are looking for.
5. Ignore small, unimportant incidents for young children.
6. Give time-outs for cooling off.
7. Use non-verbal communications - such as a stern look or a gentle touch for small misdeeds.
8. Provide a warning or distraction and a chance to amend behavior before disciplining.
9. Give praise for good behavior.
10. Be patient.

##### Don't

1. Punish a child for normal behavior, such as occasional bedwetting.
2. Punish for accidental mishaps such as spilled milk. Instead remind her to be careful next time and give her a cloth to help clean up.
3. Give unrelated consequences.
4. Use physical punishment. Remember, you are trying to teach, not create fear.
5. Make punishment too severe or prolonged.

From the book *Understanding Children*.

- For toddlers two years and up, set rules and act on them. At this age a child is starting to understand expectations and consequences. Use discipline to teach values and set limits.

From the book *Understanding Children*.